

# Interview

## with Alice Lemoigne



Alice Lemoigne is world champion longboard, Reunion has an impressive record: 5 times champion of Europe and France, Alice is also and especially ambassador for the cause of women in sport. Very involved in this process, the longboard champion supports associations that fight for these values and does not hesitate to highlight them at international events. His fight also revolves around environmental activities for her island.

### What could you say about yourself in a few words?



My name is Alice Lemoigne, I am 25 years old and a professional surfer. I started surfing on Reunion Island on the beach of Roches Noires at the age of 6 and since the age of 10, I have been competing.

**What course and what results when you are only 25 years old, how do you explain this?**

Thank you that's nice, I'm really proud of what I was able to do as results and all the experiences I was able to have. Since I started the competitions, I have always set the goals I wanted to achieve and I have given myself the means to achieve them. There are no secrets, training, training, training!

**What are you most proud of and why?**

Two titles of which I am really proud, it is that of champion of Europe to 16 that allowed me to enter the professional tour the year that followed. And the second is that of world champion obviously in June 2019 in Biarritz with the French team. I would forever remember winning in front of my family and also in front of the French public. What an incredible moment of sharing, that of happiness. I was able to win three world titles per team, relay and individual.

**Do you often return to Reunion Island? Is it possible to surf there safely today for you?**

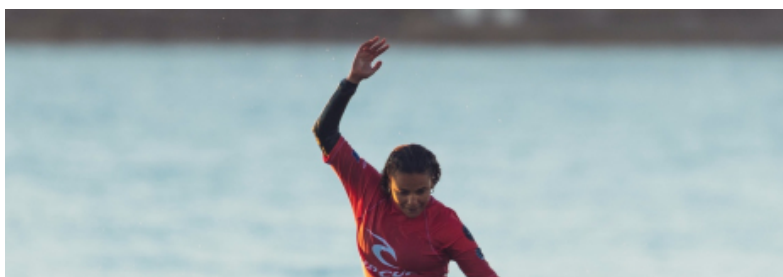
Yes I am back in Reunion and I surf with the lookout but also with a «Sharkshield» it is a device that repels sharks by sending a kind of electric discharge (system which is partly subsidized by the Australian government).



**You are very attached to the status of women in and outside sport. Can you tell us about your fight?**

Yes I am attached to the fight of women whether in sport or outside. I was named to the Awards of Precious Women which highlights the achievement of women in all fields. I was also able to be a sponsor during the day to fight against violence against women. I think it's important to be involved and to put forward associations that can give women hope, show them that they can get away with it.

**Is being a woman in this sport an advantage or a disadvantage for you?**



Of course this is an advantage, I am proud to

be a woman and to highlight the female longboard through my results but also the values I carry, even if the longboard remains a discipline very little publicized.

**Surfing becomes an Olympic discipline, is that a good thing for you?**

Yes, it's great, I'm happy. It will highlight our discipline and we have great French athletes who will represent us. Even if the longboard is not at the Olympics, I hope that one day we can do them too.

**Are you living your passion today? How are things with your sponsors?**

Yes I live partly from the longboard, I am lucky to have sponsors who follow me and I thank them.

**How's your training going?**

I train in the gym for physics with a coach and I also have surf training where we use video a lot to understand the mistakes that may have been made. I also started yoga to clear my mind.



**What do you do when you're not surfing? Do you have other passions?**

I work in a local authority (TCO), we make the steps to obtain the label ODYSSEA BLEU, I sensitize the population through events around nautical activities but also environmental.

Extract from [Entretien avec Alice Lemoigne – Ride or Die](#)

For more information, see <https://www.youtube.com/watch?v=ttMlzj79Zlq>

Thank you!